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CIS, Satara Road joins in Plog run

"Train like an athlete, eat like a nutritionist and win like a champion!"

As a part of the Fit India movement launched by Prime Minister Narendra Modi on August 29, plog run

has been undertaken by various schools across the country. In keeping with the current push for environmentalism, City International School, Satara Road took the initiative of plogging recently to spread the message of 'Fit India, Clean India'.

The students accompa-

nied by the teachers, took up plogging from the school for a distance of 2 km wherein the students went walking and also picking up plastic scrap and other waste pollutants from the road which they collected in the garbage bags. The students also displayed banners and posters and donated pa-

per bags to the on-lookers that strongly conveyed the message to keep India fit and clean and 'kick plastic'.

The enthusiasm and positivity of the students clearly exhibited the two-pronged effect of this activity that is "Swasthya and Swachhata" going hand in hand for the country.

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Campaigning for 'Fit India, Clean India'



Students collect waste on their way